

## PATIENT PLEDGE

Your health and healing depend on our commitment to doing the best we can and your commitment to:

1. **Primary Care Physician.** You will need a PCP (Primary Care Physician) while working with RevitalizeMaui. We cannot see you here without a PCP on record. RevitalizeMaui does not handle medical or mental health emergencies. Your PCP will only be contacted by the RevitalizeMaui clinical staff if a situation arises that requires the attention of your local provider.
2. **The RevitalizeMaui Approach.** We strongly recommend that you fully commit to RevitalizeMaui medical approach in order to succeed. Working with multiple centers or physicians, other than your primary care physician, may create contradiction, confusion and frustration – ultimately delaying your progress.
3. **A Partnership and a Process.** Some chronic illnesses can take weeks, months or even longer to improve. If you don't see immediate results, don't give up. At RevitalizeMaui, healing is based on a partnership and a process. It takes time, patience and persistence to find and treat the root causes of your illness. You will have to work hard, and so will we.
4. **Prescribed Changes.** Your commitment to comply with prescribed dietary changes, supplements, and medications, as well as other treatment recommendations, is the key to healing. If you don't follow the plan with reasonable consistency, your progress will likely be stalled.
5. **Nutritionist Appointments.** Our medical nutritionists are your support system for making the necessary lifestyle changes. If you maintain regular ongoing appointments with your RevitalizeMaui nutritionists, you'll benefit from guidance for overcoming challenges, ideas for implementing those changes and helpful resources.
6. **Patient / Physician Commitment.** Establishing and maintaining a good working relationship with your physician here at the center, is a key element in your success. Once treatment is initiated with your physician, it is important that you remain in that physician's care and stay in regular communication with your clinical team.
7. **Ongoing Support .** Functional medicine is a different approach from the existing health care model. Chronic illness can contribute to challenges with focus, cognition, energy and mood. Some of the changes that we ask of you may feel overwhelming at times. We urge every patient to find support at home. Family or friends may provide support, but that is not always adequate. It is the obligation of your RevitalizeMaui team to identify difficulty you might be having with behaviors that are interfering with your stated goals and to recommend additional outside services. These services include a range of behavioral and mental health therapies. Refusal to make appropriate use of recommended treatment will result in termination of RevitalizeMaui services.

I have read and agree to the statements above.

Please Print Your Name \_\_\_\_\_ Date \_\_\_\_\_

Patient Signature \_\_\_\_\_